ROADMAP TO A HEALTHIER YOU

Your Guide to Healthy Eating and Physical Activity Options Across Clark County
This healthy eating and physical activities resource guide is the product of the Clark County Eat Right, Be Fit Committee, whose mission it is to promote healthy lifestyles and personal well-being. The members of this Committee work to coordinate, promote, and sustain projects in three main areas: physical activity, food security, and nutrition.

The purpose of this guide is to help increase awareness for fruit, vegetable, and activity options across Clark County. At the beginning of each section, you will find a map indicating the locations of each category (i.e., food pantries, fitness centers, parks, etc.) throughout the county.

A special thank you to the Wisconsin Office of Rural Health Population Health Improvement Grant program for providing funding to make this booklet possible.

Information provided in this booklet is subject to change. For any revisions, additions, or exemptions, please contact the Eat Right, Be Fit Committee at (715) 743-5110. August, 2018
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FRUITS
AND
VEGETABLES
**GROCERY/CONVENIENCE STORES**

**ABBOTSFORD**

**BP**

601 S. 4th St.

Abbotsford, WI  54405

(715) 223-1802

Open: 24/7

Fruit & vegetable selection varies. Call for specific inquiries.

Accepts WIC/Foodshare

**Kramer’s County Market**

206 N. 4th St.

Abbotsford, WI  54405

(715) 223-2378

Daily: 6am-12am

Fruit & vegetable selection varies. Call for specific inquiries.

Accepts WIC/Foodshare

**Kwik Trip**

301 Elderberry Rd.

Abbotsford, WI  54405

(715) 223-0704

Open: 24/7

Various fruits, onions, potatoes, veggie trays, & salads.

Accepts WIC/Foodshare

**COLBY**

**Harmony Country Co-Op**

702 S. Division St.

Colby, WI  54421

(715) 223-2440

Mon-Fri: 5am-9pm

Sat-Sun: 6am-9pm

Fruit & vegetable selection varies. Call for specific inquiries.

**Super 29 Shell**

1210 N. Division St.

Colby, WI  54421

(715) 223-6788

Open: 24/7

Fruit & vegetable selection varies. Call for specific inquiries.

**CURTISS**

**Abbyland Travel Center**

219 Plaza Dr.

Curtiss, WI  54422

(715) 223-6666

Open: 24/7

Apples, bananas, carrots, & fruit trays.

Accepts WIC/Foodshare

**Cloverdale Country Store**

N13731 County Rd. E

Curtiss, WI  54422

(715) 223-4797

Mon-Fri: 8:30am-5pm

Sat: 8:30am-4pm

Accepts WIC/Foodshare
GROCERY/CONVENIENCE STORES

**DORCHESTER**
Heartland Co-Op Services
N16097 State Hwy 13
Dorchester, WI  54425
(715) 654-5559
Mon-Sat: 6am-10pm
Sun: 7am-9pm
Fruit & vegetable selection varies. Call for specific inquiries.

**GRANTON**
Granton Convenience Store
N4461 County Rd. K
Granton, WI  54436
(715) 238-7972
Mon-Fri: 5:30am-10pm
Sat-Sun: 6am-10pm
Fruit & vegetable selection varies. Call for specific inquiries.

Roger’s Grocery
223 Maple St.
Granton, WI  54436
(715) 238-7440
Mon-Fri: 8am-6pm
Sat: 8am-2pm
Sun: 9am-12pm
Fruits & vegetables.
Accepts WIC/Foodshare

**GREENWOOD**
Kwik Trip
206 N. Main St.
Greenwood, WI  54437
(715) 267-7149
Mon-Thu: 5am-11pm
Fri: 5am-12am
Sat: 6am-12am
Sun: 6am-11pm
Various fruits, onions, potatoes, veggie trays, & salads.
Accepts WIC/Foodshare

**LOYAL**
Kwik Trip
100 S. Main St.
Loyal, WI  54446
(715) 255-9909
Sun-Thu: 5am-11pm
Fri-Sat: 5am-12am
Various fruits, onions, potatoes, veggie trays, & salads.
Accepts WIC/Foodshare

**NEILLSVILLE**
Hansen’s IGA
305 W. 5th St.
Neillsville, WI  54456
(715) 743-3865
Daily: 7am-9pm
Fruits & vegetables.
Accepts WIC/Foodshare
Delivery service for the elderly Tuesday & Thursday. Contact store for details.
**GROCERY/CONVENIENCE STORES**

**Kwik Trip**  
*110 E. Division St.*  
*Neillsville, WI  54456*  
*(715) 743-6110*  
Open: 24/7  
Various fruits, onions, potatoes, veggie trays, & salads.  
Accepts WIC/Foodshare

**Supervalu**  
*110 W. Prospect St.*  
*Thorp, WI  54771*  
*(715) 669-5507*  
Daily: 7am-9pm  
Fruit & vegetable selection varies. Call for specific inquiries.  
Accepts WIC/Foodshare

**OWEN**  
**Scott & Lori’s Family Foods**  
*307 W. 3rd St.*  
*Owen, WI  54460*  
*(715) 229-2148*  
Mon-Fri: 7:30am-7pm  
Sat: 7:30am-4pm  
Sun: 9am-12pm  
Fruits & vegetables (locally grown when available).  
Accepts WIC/Foodshare

**WITHEE**  
**Hene Supply**  
*N14704 French Town Ave.*  
*Withee, WI  54498*  
*(715) 229-4530*  
Mon-Fri: 7am-5:30pm  
Sat: 7am-4pm  
Occasionally has fruits & vegetables available. Call for specific inquiries.

**THORP**  
**BP**  
*101 W. Hill St.*  
*Thorp, WI  54771*  
*(715) 669-7444*  
Open: 24/7  
Fruit & vegetable selection varies. Call for specific inquiries.  
Accepts WIC/Foodshare

**Mobil Mart**  
*212 Division St.*  
*Withee, WI  54498*  
*(715) 229-9933*  
Sun-Thu: 6am-10pm  
Fri-Sat: 6am-11pm  
Fruit & vegetable selection varies. Call for specific inquiries.  
Accepts WIC/Foodshare
FOOD STANDS/U-PICK

**Hours & days subject to change per owner.**

**ABBOTSFORD**

Kelsey Gardens  
304 N. 1st St.  
Abbotsford, WI  54405  
(715) 223-3732  
May-November  
Mon-Fri: 9:30am-4pm  
Fruits & vegetables.  
WIC & Senior Farmers' Market Vouchers accepted.

**COLBY**

Warren’s Berry Farm  
N12545 Hilin Ave.  
Colby, WI  54421  
Mid-July until frost  
7am-8pm  
Blueberries.

**CURTISS**

Cloverdale Country Store  
N13731 County Rd. E  
Curtiss, WI  54422  
(715) 223-4797  
Mon-Fri: 8:30am-5pm  
Sat: 8:30am-4pm  
Fruits & vegetables throughout year, locally grown produce during growing season, bulk foods, bent & dent canned food items.

**GRANTON**

Self-Serve  
W2347 Krause Rd.  
Curtiss, WI  54422  
(715) 654-5063  
Vegetable stand open May-October  
Contact for hours.

**Fresh Produce**  
2543 State Hwy 10 (Corner of US-10 & Meridian Ave.)  
Granton, WI  54436

**Fremont Produce**  
W1730 Fremont Rd.  
Granton, WI  54436  
June-frost  
Mon-Sat: No set hours  
Fruits & vegetables.

**Pine Creek Produce**  
W2569 Pine Creek Rd.  
Granton, WI  54436  
June-frost  
Mon-Sat: No set hours  
Fruits & vegetables.
FOOD STANDS/U-PICK

Reiff's Greenhouse
W6721 Capital Rd.
Greenwood, WI  54437
(715) 267-6695
April-July
Mon-Sat: 8am-7pm
Fresh asparagus available.

Tender Shoots Gardens & Greenhouse
N8267 Hwy 73
Greenwood, WI  54437
(715) 267-7870
tendershoots@gmail.com
www.tendershoots.net
Vegetable plants available in spring, sweet corn in summer, & pumpkins in fall.

GREENWOOD

Four Sprouts Veggies
N7537 State Hwy 73
Greenwood, WI  54437
(715) 267-7118
September-October
8am-7pm
Pumpkins, squash, & gourds.
WIC & Senior Farmers’ Market Vouchers accepted.

Greenwood Self-Serve
W5093 State Hwy 98
Greenwood, WI  54437
May-frost
No set hours
Vegetables.

Nigon-View Dairy
N8375 State Hwy 73
Greenwood, WI  54437
(715) 267-7335
Sun-Sat: Dawn to dusk
Self-serve stand offering sweet corn in the summer & pumpkins/squash in the fall.

HUMBIRD

Grampa Glenn’s Organic Strawberries/Glennenn Farm
W11280 County Rd. B
Humbird, WI  54746
(715) 964-8663
(715) 896-5510
gstuve@centurytel.net
Certified organic strawberries grown without chemicals or pesticides. Call if prefer to pick.
FOOD STANDS/U-PICK

**LOYAL**

**Self-Serve**

W3357 State Hwy 98  
Loyal, WI  54446  
June-frost  
No set hours  
Vegetables.

**Things That Grow**

W1150 State Hwy 98  
Loyal, WI  54446  
(715) 255-8090  
End of April-July  
Mon-Fri: 8am-8pm  
Sat: 8am-6pm  
Fruits & vegetables.

**NEILLSVILLE**

**Panther Creek Produce**

W5461 Panther Creek Rd.  
Neillsville, WI  54456  
June-October  
Fri: 9am-5pm (or by appt.)  
WIC & Senior Farmers’ Market  
Vouchers accepted.

**Opelt Pumpkin Patch**

211 Grand Ave.  
Neillsville, WI  54456  
(715) 743-6271  
September-October  
No set hours  
Self-serve stand offering pumpkins, gourds, & squash.

**Posey Patch**

N11839 State Hwy 10  
Neillsville, WI  54456  
(715) 267-7644  
April-November  
Mon-Fri: 8am-8pm  
Sat: 8am-6pm  
Fruits & vegetables.

**Self-Serve**

N5416 State Hwy 73  
Neillsville, WI  54456  
June-frost  
No set hours  
Fruits & vegetables.

**Self-Serve 2**

W5519 County Rd. H  
Neillsville, WI  54456  
June-frost  
No set hours  
Fruits & vegetables.

**OWEN**

**Fairground Flowers**

N14341 Fairground Ave.  
Owen, WI  54468  
(715) 229-0777  
(715) 491-0777  
Mon-Sat: 8am-7pm  
Strawberries & sweet potatoes.
FOOD STANDS/U-PICK

THORP
Martin’s Produce & Greenhouse
W9206 Pine Rd.
Thorp, WI  54771
(715) 669-3572
Mid-July until October
Mon-Sat: 7am-7pm
Tomatoes, cucumbers, zucchini, peppers, cabbage, & onions.
WIC & Senior Farmers' Market Vouchers accepted.

WILLARD
North Mound Greenhouse
N9141 County Rd. G
Willard, WI  54493
June-frost
No set hours
Fruits & vegetables.

Self-Serve
W7792 Dove Rd.
Willard, WI  54493
June-frost
No set hours
Fruits & vegetables.

WITHEE
Central WI Produce Auction
N14676 County Rd. O
Withee, WI  54498
(715) 229-4838
http://www.cwpauction.com/index.php
May-October
Mon: 12pm-gone
Wed & Fri: 10am-gone
Fruits, vegetables, & bulk foods.

Longwood Gardens
N13147 State Hwy 73
Withee, WI  54498
(715) 229-9830
End of April:
  Mon-Fri: 8am-8pm
  Sat: 8am-6pm
After June 20th:
  Mon-Sat: 9am-5pm
Tomatoes & cucumbers.
FOOD PANTRIES
FOOD PANTRIES

COLBY
Community United Pantry/Zion Lutheran
(Colby, Abbotsford, Curtiss, & Dorchester Residents)
301 N. 2nd St.
Colby, WI  54421
Pantry/Church: (715) 223-2166
Tue: 9am-11am

LOYAL
Loyal Community Food Pantry/Indianhead Community Action Agency
(Clark County Residents)
228 N. Main St.
Loyal, WI  54446
(715) 503-1140
Tue-Thu: 8:30am-12pm

GRANTON
Granton Methodist Church
(Granton & Chili Residents)
326 S. Main St.
Granton, WI  54436
(715) 238-7517
3rd Saturday of each month: 8am-9am
Call for food emergencies.

NEILLSVILLE
Clark County Area Food Pantry & Resource Center
(Residents within 15 mile radius of Clark County)
140 W. 5th St.
Neillsville, WI  54456
(715) 743-2885
Tue: 9am-2pm
Thu: 1pm-6pm
Call for food emergencies.

GREENWOOD
Greenwood Food Pantry at Missionary Baptist Church
(Greenwood Residents)
302 N. Main St.
Greenwood, WI  54437
(715) 267-6114
1st & 3rd Wednesday of each month: 2pm-5:30pm or by appointment.

Clark County Department of Aging Food Pantry
(Clark County elderly ages 60+)
517 Court St., Room 201
Neillsville, WI  54456
(715) 743-5144
Mon- Fri: 8:15am-4:15pm
FOOD PANTRIES

STANLEY
Fruit of the Vine Food Pantry-Trinity Christian Fellowship
W11581 County Rd. X
Stanley, WI  54768
(715) 644-5532
1st & 3rd Tuesday of the month:
5pm-7pm
2nd & 4th Tuesday of the month: 10am-12pm

THORP
Thorp Community Food Pantry
116 N. Washington St.
Thorp, WI  54771
(715) 669-5861
2nd Saturday of even numbered months: 8am-10am or by appointment.

UNITY
Trinity Lutheran Church-Trinity Food Pantry
210 S. Washington St.
Unity, WI  54488
(715) 223-3415
Wed: 5:30pm-7pm

WITHEE
Community Alliance Church Food Pantry
(Residents of Owen-Withee School District)
111 Division St.
Withee, WI  54498
(715) 229-4609
1st Tuesday of the month: 10am-12pm
3rd Tuesday of the month: 3pm-5:30pm or by appointment.
ELDERLY NUTRITION PROGRAMS
ELDERLY NUTRITION PROGRAMS

Must meet qualifications set by the Clark County Aging & Disability Resource Center (ADRC). Please call 24 hours in advance to reserve or cancel a meal.

ABBOTSFORD
Green Vista Apartments
310 E. Pine St.
Abbotsford, WI  54405
(715) 223-8900
Mon-Fri: 11:30am

COLBY
Dix Apartments
303 Lieders St.
Colby, WI  54421
(715) 223-4195
Mon-Thru: 11:30am

DORCHESTER
Dorchester Village Hall
188 S. 2nd St.
Dorchester, WI  54425
(715) 229-4567
Home-delivered meals only. Call for details.

GREENWOOD
Black Riverview Apartments
312 N. Reese St.
Greenwood, WI  54437
(715) 743-5144
Mon-Fri: 11:15am

LOYAL
Hometown Village Apartments
500 N. Division St.
Loyal, WI  54446
(715) 743-5144
Mon-Fri: 12:45pm

NEILLSVILLE
Senior Center
602 Oak St.
Neillsville, WI  54456
(715) 743-3177
Mon-Fri: 11:45am

OWEN
Senior Center
112 E. 5th St.
Owen, WI  54460
(715) 229-4567
Mon-Fri: 11:30am

THORP
Senior Center
116 N. Washington St.
Thorp, WI  54771
(715) 669-5566
Mon-Fri: 11:45am
PHYSICAL ACTIVITY
FITNESS CENTERS

[Map showing various locations marked with 'H']
FITNESS CENTERS

ABBOTSFORD

Abbotsford School District
510 W. Hemlock St.
Abbotsford, WI 54405
(715) 223-6715
http://www.abbotsford.k12.wi.us/Content2/72

Benz Fitness
604C N. Division St.
Colby, WI 54421
(715) 223-8100
Open: 24/7
Personal trainers available.

Colby High School
705 N. 2nd St.
Colby, WI 54421
(715) 223-2338
http://www.colby.k12.wi.us/parents/pc_community_education.cfm

Fitness Center
http://www.abbotsford.k12.wi.us/Content2/74
Daily: 5am-10pm
Contact school for fees & additional information.

Hall Walking
Contact school for details.

Open Gym
See website for times & rates.

Swimming Pool
See website for times & rates.

COLBY

Back to Bliss Wellness Center
608 N. Division St.
Colby, WI 54421
(715) 316-0040
Contact for classes, hours, & rates.
Community gym, yoga, & fitness classes.

Open Track & Gym
Open for community use. Call school for more information.

Swimming Pool
Water aerobics, swimming lessons, parents & tots swim, & recreational swimming.
Contact for hours.

Community Gym
608 N. Division St.
Colby, WI 54421
(715) 316-4466
Open: 24/7
Women only: 8am-3pm daily
Co-ed: all other hours
Weight & resistance training equipment.
**FITNESS CENTERS**

**DORCHESTER**
Dorchester Old School Gym
134 N. 4th St.
Dorchester, WI  54425
(715) 654-5006
Gym can be reserved for walking or sports use.

**GRANTON**
Granton School District
217 N. Main St.
Granton, WI  54436
(715) 238-7175
www.granton.k12.wi.us

*Hall Walking*
Contact school for details.

*Swimming Pool*
Contact school for details.

**LOYAL**
Loyal School District
514 W. Central St.
Loyal, WI  54446
(715) 255-8552
www.loyal.k12.wi.us

*Hall Walking*
Contact school for details.

*Fitness Center*
Gym & weight room available. Contact for hours & rates.

*Outdoor Recreation*
5-hole golf course & frisbee golf course.

**GREENWOOD**
Greenwood Middle/High School
306 W. Central Ave.
Greenwood, WI  54437
(715) 267-6101

*Fitness Center*
(Greenwood Residents Only)
http://www.greenwood.k12.wi.us/fitness-center--3
See website for hours, fees, & additional information.

*Outdoor Recreation*
Football field, track, & tennis courts available when not in use.
Fitness Centers

Neillsville

AKF Martial Arts
521 Hewett St.
Neillsville, WI 54456
(715) 743-6540
Classes for all ranks. Women’s defense trainings offered. Call for hours & rates.

Club “E”
534 Hewett St.
Neillsville, WI 54456
(715) 937-1509
Open: 24/7
Small fitness center.

Community Boxing Club
400 Hewett St. (basement)
Neillsville, WI 54456
(715) 937-2308
dale.savrite@gmail.com
Mon & Thu: 6pm-9pm
Non-profit, amateur boxing club for boys & girls ages 8 & up.

Neillsville School District
614 E. 5th St.
Neillsville, WI 54456
(715) 743-2400
http://www.neillsville.k12.wi.us/

Fitness Center
Mon, Wed, & Fri: 6am-7:30am & 3:30pm-5:30pm
All ages, no charge.

Swimming Pool
Mon, Wed, & Fri: 6am-7am
Mon & Wed: 3:30pm-4:30pm
Tue & Thu: 5:30pm-6:30pm
Adults: $1.50
Students: $1.00
Open for community exercise (walk, swim laps, etc.).

Water Exercise Class
Various Wednesdays.
Call for more information.

Open Swim
Fall/winter hours:
Sun: 1:30pm-4pm
Tue & Thu: 6:30pm-8:15pm
Family/adult passes available.

Open Gym
Contact for hours or to schedule group use. Basketball courts & indoor track.

Outdoor Recreation
Baseball diamond, softball diamonds, football fields, track, golf driving range, & playground equipment.

Hall Walking
Mon-Fri: 6:30am-7:45am & 4pm-9:30pm
FITNESS CENTERS

OWEN

Owen Old School
101 E. 3rd St.
Owen, WI 54460
(715) 937-2756
Gym available upon request.

Owen-Withee School District
832 W. 3rd St.
Owen, WI 54460
(715) 229-2151
http://www.owen-withee.k12.wi.us/

Hall Walking
Contact school for details.

Fitness Center
Available for public use. Call for more information.

Open Gym
Available for public use. Call for more information.

Outdoor Recreation
Football field, track, baseball diamond, softball diamond, & playground equipment.

THORP

Dunamis Therapy & Fitness
205 E. Hill St.
Thorp, WI 54771
(715) 669-5520
https://dunamistherapy.com/thorp/
Open: 24/7
Strength training & cardio equipment.

Knockout
215 N. Washington St.
Thorp, WI 54771
(715) 669-6194
Weekly Zumba, boot camp, & yoga classes. Contact for hours & more information.
Smoothie bar open Mon-Fri: 7am-2pm
FITNESS CENTERS

Thorp School District
605 S. Clark St.
Thorp, WI  54771
(715) 669-5548
https://www.thorp.k12.wi.us/

Hall Walking
Contact school for details.

Fitness Center
Contact school for details.

Open Gym
Adult basketball & climbing wall. Call for more information.

Outdoor Recreation
Football fields, track, tennis courts, softball fields, basketball hoops, & playground equipment.
PARKS
PARKS

ABBOTSFORD

Central Park/Abbotsford Elementary Playground
112 W. Spruce St.
Baseball diamond, playground equipment, & basketball hoops.

H.K. Christensen Park
S. 5th St. (between Elm & Spruce St.)
Playground equipment.

Jack Nikolay Field
508 Hemlock St.
Two baseball diamonds, playground equipment, & is adjacent to the school’s playground.

Red Arrow Park
407 W. Hemlock St.
Baseball diamond, disc golf, basketball court, volleyball court, & playground equipment.

Shortner Park
100 Shortner Park Way
Playground equipment.

COLBY

Central Park
1st St.
Basketball court, 2 tennis courts, playground equipment, & sandboxes.

Dalton’s Park
S. 6th St.
Playground equipment, baseball field, sledding hill, & ice skating rink in winter.
PARKS

East Street Ball Park
East St.
Fenced playing field, T-ball field, sandbox, & playground equipment.

CURTISS
Curtiss Lions Park
915 Meridian St.
Playground equipment, basketball hoops, & softball diamond.

DORCHESTER
Dorchester Park
133-199 Park Dr.
Old elementary school playground, basketball & tennis courts, & walking trails.

GRANTON
Community Park
110 N. Main St.
Softball diamond, playground equipment, basketball, tennis & volleyball courts.

GREENWOOD
City Hall Park
E. Division St.
Basketball court, playground equipment, & ice skating rink in winter.

Greenwood County Park
W5820 Lone Rd.
Playground equipment, hiking trails, & canoe landing access to Black River.
PARKS

Greenwood Elementary School
700 E. Division St.
(715) 408-2129
Baseball/softball diamonds & playground equipment.

George Scherer Athletic Park
E. Schofield Ave.
Baseball/softball diamond, sand volleyball courts, & playground equipment.

St. Mary’s Catholic School
121 N. Main St.
Basketball hoop, playground equipment, & volleyball net.

HUMBIRD

Humbird Community Park
(Junction of) Hwy 12-27 & County B
Next to Emerson Lake. Playground equipment, boat landing, & swimming.

LOYAL

Jaycee Park
(Corner of) Main St. & South St.
Playground equipment.

Legion Park
Beaver St.
Playground equipment.

West Side Park
Hwy 98/South St.
Softball diamond, volleyball court, & playground equipment.
PARKS

NEILLSVILLE

Cliff’s Park
(Corner of) W. 12th & Progress St.
Baseball field, basketball court, sand volleyball courts, playground equipment.

Listeman Park
E. 15th St.
Baseball field, tennis court, basketball court, sand volleyball court, playground equipment.

Mount Moldy
Access off E. 1st or Willow St.
Winter activity area with hill for tubing, sledding, or snowboarding.

Schuster Park
E. Division St./Hwy 10
Tennis courts, skateboard park, baseball backstop with grass field, basketball half court, sand volleyball court, horseshoe pits, 15-hole disc golf course, & playground equipment.

St. John’s Lutheran School
711 W. 5th St.
Baseball/soccer field, playground equipment.

Tock Field
Park St. (South of W. 4th St.)
Baseball field, basketball court, & playground equipment.
**PARKS**

**OWEN**
Crowley Park  
_E. 2nd St._  
Baseball field.

Kerry Park  
_(Corner of)_ _Ash & 4th St._  
Playground equipment.

Owen Mill Pond Park  
_(Corner of)_ _3rd & Madsen St._  
Playground equipment, horseshoe pits, volleyball courts, walking path along pond (extends along river to Crowley Park), & ice skating on Mill Pond in winter.

Sportsman Lake Recreational Area & Wildlife Refuge  
_W5202 Pine Rd._  
Hiking, off-trail biking, & canoe/kayak landing access.

**THORP**

Conway Park  
_S. Adams St._  
Hiking, biking, snowshoeing, cross-country skiing trails, playground equipment, & basketball court.

Keating Park  
_N. Boardman St._  
Playground equipment & basketball court.

Northside Park  
_Hwy 73_  
Baseball field & playground equipment.
PARKS

Thorp Catholic School
411 E. School St.
Two large play fields, softball backstop, basketball court, & playground equipment.

Tucker James Memorial Dog Park
County Rd. X
Fenced in dog park for off-leash activities with walkway.

Yellowstone Trail Park
County Hwy X/E. Stanley St.
Playground equipment, tennis courts, walking/biking trail, sand volleyball courts, horseshoe pits, basketball court, & ice skating rink in winter.

WILLARD
Town of Hendren/Willard Area Park
Hwy G & Dove Rd.
Baseball field & playground equipment.

Willard Settler’s Park
Hwy G & Dove Rd.
Playground equipment.

WITHEE
Black River County Park
W6597 County Hwy X
Hiking, off-trail biking, & canoe/kayak landing access.

Withee Ball Park
508 Stockwell St.
(715) 229-4487
Softball field & playground equipment. League play & tournaments held: call for more information.
TRAILS

For additional trails & map information, please refer to the Clark County Forestry & Parks website:
https://parks.co.clark.wi.us/parks/permits_and_passes/

ABBOTSFORD
Abby/Colby Walking Trail
(4th Ave. Abbotsford to Division St. Colby)
Paved sidewalk path along Highway 13.

NEILLSVILLE
Levis/Trow Mound
N1589 Fisher Ave.
Neillsville, WI  54456
(715) 743-5140
https://parks.co.clark.wi.us/parks/permits_and_passes/trail_passes/
Hiking, mountain biking, cross-country skiing, & snowshoeing.

GREENWOOD
https://www.greenwoodwi.com/recreation/
Different walking, biking, & skiing trails of various lengths. Visit website for routes & details.

HUMBIRD
Wildcat Park
W9841 County Hwy B
Humbird, WI  54456
(715) 743-5140
http://www.co.clark.wi.us/Facilities/Facility/Details/Wildcat-Park-9

Listeman Arboretum
W. Division St.
(Entrances on Hwy 10 & W. 2nd St.)
Neillsville, WI  54456
http://neillsville.townwebdesign.com/listemanarboretum
47 acres along the east bank of the Black River. Includes various walking trails.

OWEN
Popple River Trail/Owen-Withee Bike Trail
E. 2nd St.
Owen, WI  54460
Begins at Crowley Park Campground, goes to Millpond Park, & then continues on County Road X past the Owen-Withee schools.
OTHER PHYSICAL ACTIVITY OPTIONS
OTHER PHYSICAL ACTIVITY OPTIONS

ABBOTSFORD
Abbotsford Ice Skating Rink
(Between) Cedar & 1st St.
Abbotsford, WI  54405
Outdoor rink each winter & grassy field in warmer months.

DORCHESTER
Gentle Yoga at Dorchester Library
155 N. 2nd St.
Dorchester, WI  54425
(715) 654-5959
Wed: 1:15pm
No cost, open to everyone, $3 donation recommended.

MERILLAN
Bruce Mound Ski Hill
N791 Bruce Mound Ave.
Merrillan, WI  54754
(715) 743-2296
http://www.co.clark.wi.us/brucemound
Fri: 5pm-10pm
Sat-Sun: 10am-4pm
Skiing, snowboarding, & tubing in winter.

Neillsville Country Club
603 E. Division St.
Neillsville, WI  54456
www.neillsvillecc.com
Check website for daily rates & annual memberships.

Neillsville Recreation Department
118 W. 5th St.
Neillsville, WI  54456
(715) 743-2400
http://neillsville.townwebdesign.com/city-departments/recreation-department
Check website for complete up-to-date list of recreational programs offered.

O’Neill Ice Arena
901 E. 15th St.
Neillsville, WI  54456
(715) 743-7071
http://neillsville.townwebdesign.com/o’neill-ice-arena
Open to public when not in use.
Contact for more information.
Other Physical Activity Options

PiYO at Neillsville Middle School Library
401 Center St.
Neillsville, WI 54456
(715) 613-0200
Mon: 5pm
Fitness class (mix of Pilates & yoga).

QiGong & Tai Chi at CART
201 E. 4th St.
Neillsville, WI 54456
(262) 370-5463
Wed: 10:30am
Martial arts to help circulation, balance, alignment, & restore energy.

OWEN
Meadowview Golf Course
800 W. 3rd St.
Owen, WI 54460
(715) 229-2355
http://www.meadowviewgolfcourse.com/
9-hole golf course. Contact for more information.

THORP
City of Thorp
300 West Prospect St.
Thorp, WI 54771
(715) 669-5371
http://cityofthorp.com/recreation-activities/parks/
Contact for complete up-to-date list of recreational programs offered.

Thorp Aquatic Facility
300 S. Conway St.
Thorp, WI 54771
(715) 669-7433
http://cityofthorp.com/recreation-activities/thorp-aquatic-center/
Late May-August
Daily: 12pm-7pm
155’ water slide, diving board, basketball hoop for older kids, swimming lessons & water aerobics also offered.
OTHER PHYSICAL ACTIVITY OPTIONS

Thorp Ice Skating/Hockey Rink
County Hwy X/E. Stanley St.
(Yellowstone Trail Park)
Thorp, WI  54771
(715) 669-5509
http://cityofthorp.com/recreation
al-activities/skating-rink/
Please call or visit website to see when rink will be open for the season.

Yoga at Thorp Public Library
401 S. Conway St.
Thorp, WI  54771
(715) 669-5953
Tue & Thu: 8am
Instructor facilitated. No fee.
Anyone can join.
This healthy eating and physical activities resource guide is the product of the Clark County Eat Right, Be Fit Committee, whose mission it is to promote healthy lifestyles and personal well-being. The members of this Committee work to coordinate, promote, and sustain projects in three main areas: physical activity, food security, and nutrition.

The purpose of this guide is to help increase awareness for fruit, vegetable, and activity options across Clark County. At the beginning of each section, you will find a map indicating the locations of each category (i.e., food pantries, fitness centers, parks, etc.) throughout the county.

A special thank you to the Wisconsin Office of Rural Health Population Health Improvement Grant program for providing funding to make this booklet possible.