



# North Central Health Care

Person centered. Outcome focused.

**A Regional Approach to Delivery of Human Services**

# What We Are



Marathon County

A **collaborative approach** to effective and efficient delivery of services for mental illness, substance abuse, developmental disabilities and long term care in a broad geographical region.

- Langlade County
- Lincoln County
- Marathon County



Langlade County



Lincoln County



# Mental Health

**Psychiatry**

**Inpatient Care**

**Crisis Continuum**

**Integrated Outpatient Services**

**Community Treatment**

**Supported Employment**

**Supported Housing**



Community Support Program

Comprehensive Community Services

Targeted Case Management



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# Substance Abuse

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- **In Patient – Detoxification**
- **Day Treatment**
- **Out Patient Services**
- **OWI Assessment**
- **Driving with Care**



# Long Term Care

- **Legacies by the Lake (Dementia Care)**
- **Short Stay Rehab**
- **Ventilator Care**
- **Long Term Care (Traditional Nursing Home)**

- **Other Services**

- **Adult Protective Services**
- **Developmental Disabilities**
- **Aquatic Therapy**



# Challenges:

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- **Access to professional staff**
- **Geography**
- **Typical rural health issues**



# Access to Professional Staff:

- **Current Demand for Psychiatry: 18.6 FTEs**
- **Actual Availability: Approximately 7.5 FTEs**
- **Specialty Psychiatry almost non-existent**
- **Mal-distribution**
- **Not just Psychiatry:**
  - **Psych Nurse Practitioners**
  - **Dual-licensed clinicians**
  - **Licensed Substance Abuse Counselors**
  - **Average time to recruit: six months**



# Geography:

- **Population of 183,000 spread out over 3,294 square miles (55 people/square mile)**
- **Transportation**
- **Community Treatment and Crisis Services**
- **Availability of Psychiatric Beds:**
  - **1955: 1/300**
  - **Today: 1/3,000**
  - **Langlade, Lincoln, Marathon Counties:**
    - **1/11,000**





# Typical Rural Health Issues:

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- **Physician Density**
- **Lack of Health Insurance**
- **Poverty**
- **Substance Abuse**



# What Are We Doing About It?:

- **Tele-Psychiatry**
- **Transportation Supplementation**
- **Emphasis on Community Treatment**
- **Regionalization**
- **N.H.S.C. and other loan repayment**
- **Alternatives to In Patient Treatment**
- **Collaboration:**
  - **Strong Relationships with law enforcement**



# Unique Approaches:

- **Behavioral Health Integrated Care Pilot Study:**

- Improve Care
- Lower Costs to WMA

- **Rural Track Psychiatry Residency:**

- Grow the supply of Psychiatry in North Central Wi.

- **Multi-County Human Services Model:**

- Achieve greater cost-effectiveness
- Improve care through collaboration



# Thank You and Questions

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