

## Sauk Rural Palliative Care Coalition

### Provider Education

### Finding Ways to Cope with Serious Illness

<b>What is Palliative Care?</b>	Palliative Care is a service that works with your community team. It is for anyone with a chronic illness. Palliative care can help at any point during a serious illness. You can still receive treatments meant to prolong or cure your illness. Many people confuse Palliative Care with Hospice. Hospice is a part of Palliative Care but it is the final stage and used at end of life.
---------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------



Resource: <http://www.thehastingscenter.org/pdf/living-long-in-fragile-health.pdf>

<b>Who can a Palliative Care Consult Help?</b>	<p>Palliative care is a program for adults who struggle with ongoing pain, discomfort or stress of serious illness related to many of these conditions:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">COPD</td> <td style="width: 33%;">CHF</td> <td style="width: 33%;">Cancer</td> </tr> <tr> <td>Dementia</td> <td>Stroke</td> <td>CKD</td> </tr> <tr> <td>Chronic liver disease</td> <td>HIV/AIDS</td> <td>Lupus</td> </tr> <tr> <td>Multiple sclerosis</td> <td>Parkinson's</td> <td>ALS</td> </tr> <tr> <td>Rheumatoid arthritis</td> <td>End stage kidney disease</td> <td></td> </tr> </table>	COPD	CHF	Cancer	Dementia	Stroke	CKD	Chronic liver disease	HIV/AIDS	Lupus	Multiple sclerosis	Parkinson's	ALS	Rheumatoid arthritis	End stage kidney disease	
COPD	CHF	Cancer														
Dementia	Stroke	CKD														
Chronic liver disease	HIV/AIDS	Lupus														
Multiple sclerosis	Parkinson's	ALS														
Rheumatoid arthritis	End stage kidney disease															

<b>What happens at a Palliative consult?</b>	A provider will give a medical exam and discuss with the patient and family the current medications and treatments and how they are working while listening to worries and symptoms. Together, goals of care are determined with potential community support, options of healthcare decisions, and options of treatment. The goal is to provide patient centered care based upon their goals while receiving expert ideas.
----------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<b>Who Pays for the visit?</b>	Medicare, Medicaid, and most insurers usually cover this service. These visits are billed in the like clinic visits. If there are co-pays for other visits you may have a co-pay for these visits as well.
--------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<b>Where is Palliative Care Done?</b>	<p>It can be provided in any setting (home, office, nursing home, assisted living). Options in this county include:</p> <ul style="list-style-type: none"> <li>• Hospitals in Sauk County that Provide Palliative Care             <ul style="list-style-type: none"> <li>○ St. Clare Hospital</li> </ul> </li> <li>• Clinics that Provide Palliative Care             <ul style="list-style-type: none"> <li>○ SSM Health Dean Clinic Baraboo</li> </ul> </li> <li>• Agencies that Provide In-Home Palliative Care             <ul style="list-style-type: none"> <li>○ Agrace PalliaHealth</li> </ul> </li> </ul>
---------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------